

# NURSE AIDE PROGRAM

## Program Description:

This program is a five (5) week – 100 clock hour comprehensive nurse aide course that provides the skills and abilities essential to the provision of basic care to homebound patients and residents in hospitals and long term facilities.

Upon completion of this course the students will be able to communicate and interact effectively with patients, patient's family, co-workers, and friends; assist patients in attaining and maintaining maximum functional independence; maintain the rights of the residents, patients, and clients; apply proper body mechanics in bed making, lifting, and turning patients; perform basic First Aid, CPR and take patient vital signs and follow infection control measures.

The student will receive a Certificate of Completion and allow the student to take the examination required by the Texas Health and Human Services Commission (HHS) to become a part of the Nurse Aide Registry thru Prometric. Graduates of this program may find employment as a Certified Nurse Aide in Hospitals, Nursing Homes, Adult Day Care Centers and Home Health Agencies.

**Method of Delivery:** Residential

## PROGRAM OUTLINE

Subject #	Subject Title	Contact Hours			
		Lec	Lab	Ext	Total
NA 101	Intro to Long Term Care	16	00	00	16
NA 102	Personal Care Skills	13	09	00	22
NA 103	Basic Nursing Skills	04	04	00	08
NA 104	Restorative Services	04	00	00	04
NA 105	Mental Health & Social Service Needs	06	00	00	06
NA 106	Social Skills	04	00	00	04
NA 107	Nurse Aide Clinical Experience	00	00	40	40
	Total Clock Hours	47	13	40	100

### CERTIFICATION EXAMINATION TEST

The Texas Health and Human Services Commission (HHSC) has contracted with Prometric, a nationally recognized leading provider of assessment services to regulatory agencies and national associations. Prometric will develop scores and report the results of the Nurse Aide Examination required for certification and placement on the Texas Nurse Aide Registry. The Nurse Aide Registry (NAR) certificate is valid for two years from the time of issue. The Nurse Aide Training and Competency Evaluation Program (NATCEP) is approved by the Texas Health and Human Services Commission (HHSC) to train and evaluate an individual's ability to work as a nurse aide in a facility in the state of Texas. The Nurse Aide Training and Competency Evaluation Program (NATCEP) will be working with Prometric to schedule and administer the nurse aide examination.

There are two (2) parts of the Certified Nurse Aide Examination process:

- ◆ The Clinical Examination. Candidates MUST pass five (5) skills which includes Hand washing and Indirect Care and;
- ◆ The Written (or Oral) Examination which consists of sixty (60) multiple-choice questions that evaluate your nurse aide knowledge and you will have 90 minutes to take the test. This examine is administered via computer using In-Facility Testing at RGV College.

### EXAM RESULTS

Your written test is given on computer and a score report will be emailed to you that same day. Shortly after you complete your clinical examination, you will receive another score report that same day. Successful candidates who pass both the Clinical and Written (Oral) Examinations will have their information given to HHSC for entry in the Texas Nurse Aide Registry.